

## Mentoring

Each student will be assigned a mentor who guides him in applying the principles taught in class. The mentor is like a coach who challenges and encourages each student to reach his best. Specifically, he helps the student set goals that are important and practical. In an ongoing way, he helps the student track his progress toward these goals. For the sake of continuity the mentor will try to maintain contact with the student in between sessions.

Mentors are chosen because of their proven ability to be effective mentors in previous activities sponsored by Southmont, Overlook, or Schuyler Hall.